

CLINICAL LABORATORY ASSISTANT

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1. Introduction to Clinical Laboratory Assistant

- 1.1 Identify the roles and responsibilities of team members
- 1.2 Identify the educational requirements and certification(s) of laboratory team members
- 1.3 Identify opportunities for employment in the laboratory field
- 1.4 Identify and list the functions of the professional organization(s) for the occupational area
- 1.5 Identify location of various types of clinical laboratory fields
- 1.6 Follow a chain of command
- 1.7 Practice professional work habits
- 1.8 Comply with state regulations for occupational area
- 1.9 Locate OSHA poster(s) and MSDS(s) in clinical site
- 1.10 Identify OSHA regulations that pertain to the clinical site
- 1.11 Identify biohazard labels
- 1.12 Identify different departments in a typical clinical laboratory department
- 1.13 Apply ethical standards to the occupational area
- 1.14 Apply legal standards to the occupational area
- 1.15 Demonstrate confidentiality in the occupational area
- 1.16 Demonstrate various public relations and marketing techniques
- 1.17 Identify, define and use terminology specific to the occupation
- 1.18 Demonstrate effective stress management
- 1.19 Identify several tests commonly run in each department of the clinical laboratory

2. Identifying, Handling and Cleaning Glassware

- 2.1 Identify laboratory glassware
- 2.2 Demonstrate use of glassware used in the laboratory
- 2.3 Identify importance of cleanliness of glassware in results of tests
- 2.4 Wash and sterilize glassware
- 2.5 Keep working area and equipment clean
- 2.6 Order, check deliveries, label and store laboratory equipment and supplies

3. Laboratory Safety Practices and Laboratory Accident Hazards

- 3.1 Describe first-aid treatment for cuts, needle pricks and for burns from flame, hot objects, and chemical agents
- 3.2 Complete accident report form
- 3.3 Clean and sterilize equipment that has contaminated poison
- 3.4 Discard disposable containers
- 3.5 Describe procedures for filling and emptying containers using mouth and bulb suction
- 3.6 Pour solutions from bottles safely
- 3.7 Demonstrate safe use of Bunsen Burner
- 3.8 Demonstrate safe use of centrifuge
- 3.9 Prepare specimen for testing after centrifugation

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4. Making Up Concentrations of Solutions

- 4.1 Use proper indicator for pH determination
- 4.2 Follow procedures for titration, neutralization, and filtration of an insoluble precipitate and for serial dilution methods
- 4.3 Use volumetric glassware to measure volume accurately
- 4.4 Define weights and measures using metric system
- 4.5 Weigh and measure accurately using metric system
- 4.6 Use measuring devices
- 4.7 Estimate size of beaker needed for quantity of material being used

5. Preparing Monthly and Annual Reports

- 5.1 Chart patient test results on lab slips
- 5.2 File duplicate report form for laboratory records

6. Use of Microscope

- 6.1 Use dissecting needle, scissors, and scalpel in dissection
- 6.2 Use centrifuge according to procedure
- 6.3 Prepare culture media according to procedure
- 6.4 Prepare wet mount slides
- 6.5 Prepare oil emersion slides
- 6.6 Prepare bacterial slides
- 6.7 Demonstrate procedures in preparing smears
- 6.8 Prepare blood smears
- 6.9 Select stain, method of staining and fixing smears
- 6.10 Demonstrate procedures to fix, dehydrate, clean, section and stain tissue
- 6.11 Estimate size of object under microscope in microns
- 6.12 Use simple microscope maintenance techniques
- 6.13 Record accurately all observations made under the microscope

7. Urine Testing

- 7.1 Identify possible causes of variations from normal
- 7.2 Describe and demonstrate methods of collection preservation of urine
- 7.3 Make macroscopic examinations of urine
- 7.4 Test urine for chlorides
- 7.5 Test urine for sugar
- 7.6 Test urine for albumin
- 7.7 Test urine for ketone bodies
- 7.8 Test urine for bile pigments
- 7.9 Test urine for bilirubin
- 7.10 Test urine for urobilinogen
- 7.11 Test urine for hemoglobin
- 7.12 Make microscopic examination of urine
- 7.13 Examine urine for casts

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7. Urine Testing cont.

- 7.14 Examine urine for cells
- 7.15 Examine urine for crystals
- 7.16 Make serologic pregnancy tests on urine
- 7.17 Make tests on urine for kidney function
- 7.18 Examine urine for organic and inorganic substances and for bacteria
- 7.19 Record urinalysis on specified report forms

8. Blood Tests

- 8.1 Describe and demonstrate methods of collecting and preserving blood
- 8.2 Obtain blood from veins using aseptic technique and a needle and syringe
- 8.3 Obtain blood from veins using aseptic technique and vacutainer set up
- 8.4 Obtain blood from veins using aseptic technique and butterfly infusion kit
- 8.5 Follow precautions when collecting blood to avoid unnecessary discomfort to client
- 8.6 Apply pressure to puncture site to avoid bruising
- 8.7 Describe and select proper tubes for blood collecting and testing
- 8.8 Demonstrate use of 20 mL and 10 mL red top vacutainer tubes
- 8.9 Demonstrate use of 5 mL blue top anticoagulant tubes
- 8.10 Demonstrate use of 5 mL gray top tubes
- 8.11 Demonstrate use of 5 mL violet top tubes
- 8.12 Demonstrate use of double tube draw for blood culture
- 8.13 Demonstrate use of 10 mL green top tubes
- 8.14 Accurately code and label specimen immediately post-draw
- 8.15 Describe normal composition and function of blood
- 8.16 Examine and report accurately the number, appearance and structure of blood cells
- 8.17 Test for sedimentation rate
- 8.18 Describe normal values and factors affecting sedimentation rate
- 8.19 Demonstrate use of Wintrobe test
- 8.20 Demonstrate use of Westergren test
- 8.21 Determine hemoglobin concentration
- 8.22 Complete micro-hematocrit
- 8.23 Perform red blood cell (RBC) count using hemacytometer
- 8.24 Perform hemoglobin determination with hemoglobinometer
- 8.25 Tabulate differential leukocyte count of blood
- 8.26 Perform white blood cell (WBC) count using hemacytometer
- 8.27 Use Unopette for white blood cell count using hemacytometer
- 8.28 Determine bleeding time
- 8.29 Determine clotting time
- 8.30 Determine hematocrit

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- 8.31 Determine prothrombin time
- 8.32 Determine partial prothrombin time
- 8.33 Determine platelet count
- 8.34 Determine reticulocyte count

9. Blood Typing Tests

- 9.1 Describe and classify human blood groups
- 9.2 Describe principles of conducting blood grouping tests
- 9.3 Describe and demonstrate procedure for determining Rh factor with supervision only as a screening method
- 9.4 Describe and demonstrate the procedure for typing and cross-matching blood, with supervision only as a laboratory procedure
- 9.5 Describe and demonstrate miscellaneous blood matching tests with supervision only as a laboratory procedure
- 9.6 Describe the principles of blood bank procedures

10. Testing for Blood Chemistry

- 10.1 Use formula to calculate urea clearance
- 10.2 Prepare serum and tests for serum proteins
- 10.3 Prepare serum and tests for albumin
- 10.4 Prepare serum and tests for globulin
- 10.5 Prepare serum and tests for total protein
- 10.6 Prepare serum and tests for "A/G" ratio
- 10.7 Prepare serum and tests for uric acid
- 10.8 Demonstrate established procedures for determining blood sugar
- 10.9 Perform quantitative estimation of bilirubin
- 10.10 Calculate indirect bilirubin
- 10.11 Demonstrate procedures to perform tests to determine protein metabolism
- 10.12 Demonstrate procedures to perform test to determine enzyme levels
- 10.13 Demonstrate procedures to perform tests to determine cholesterol levels
- 10.14 Describe principles of electrolyte studies
- 10.15 Perform test to determine concentration of serum calcium
- 10.16 Describe principles and test for chlorides
- 10.17 Describe principles and test for sodium
- 10.18 Describe principles and test for potassium
- 10.19 Describe principles and test for phosphorus
- 10.20 Demonstrate procedures to prepare serial dilutions
- 10.21 Prepare, preserve and ship serological specimens
- 10.22 Select and use type and species of antigen required to perform agglutination test for febrile diseases
- 10.23 Perform flocculation and qualitative tests for spirochaeta

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11. Tests on Stool and Stomach Specimens

- 11.1 Demonstrate procedures for macroscopic and chemical examination of feces
- 11.2 Examine feces for bacteria and parasites
- 11.3 Perform hemocult slide test
- 11.4 Demonstrate procedures for examination and chemical analysis of gastric content

12. Tests on Sputum Specimens

- 12.1 Perform physical and microscopic examinations of sputum for cellular content
- 12.2 Perform physical and microscopic examinations for evidence of pathogens
- 12.3 Perform physical and microscopic examinations for evidence of red blood cells

13. Use of Laboratory Equipment

- 13.1 Set up an incubator
- 13.2 Use microtome, knives, hones, autotechnicon paraffin oven, embedding mold and other items efficiently